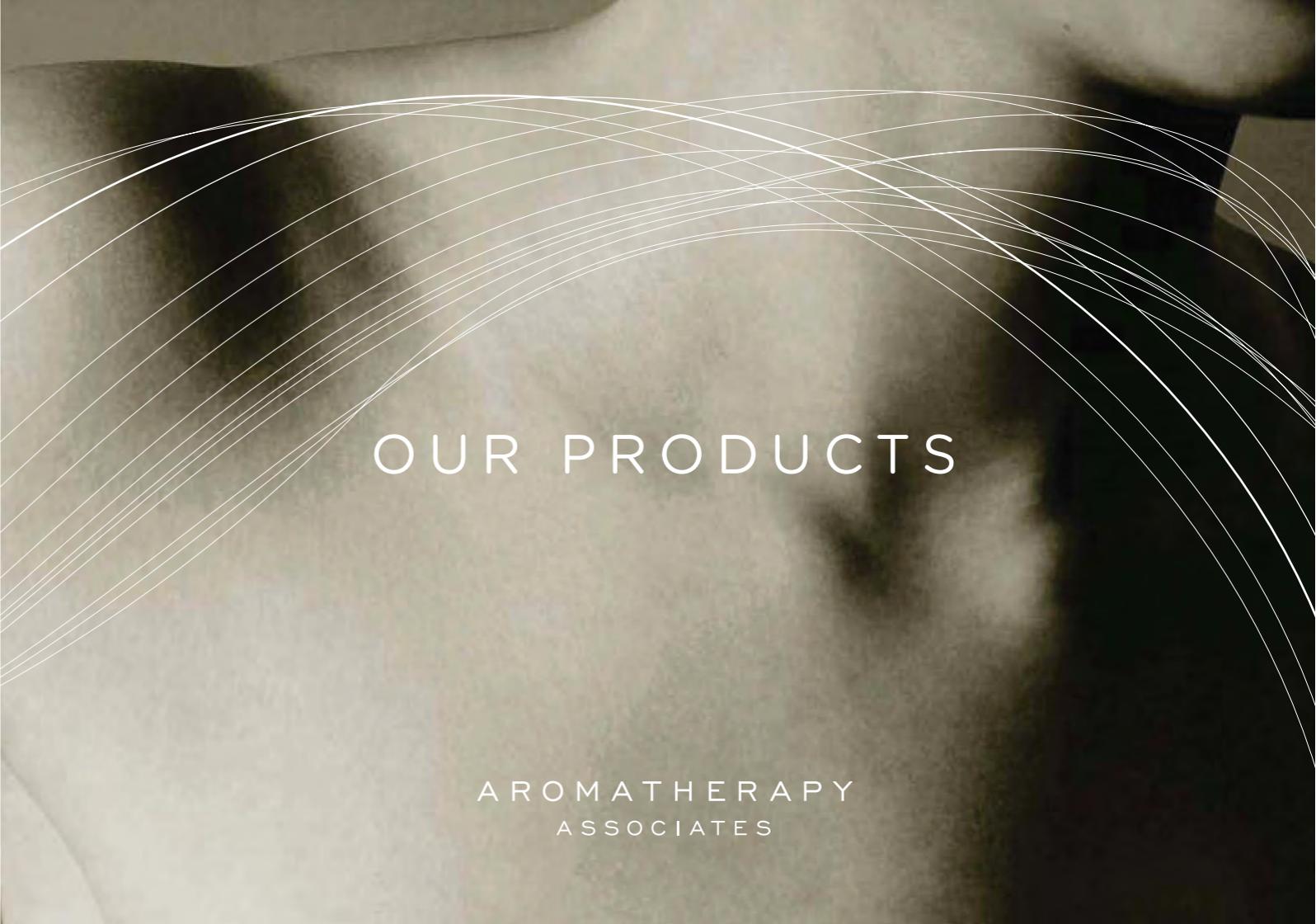


AROMATHERAPY
ASSOCIATES

ESSENTIAL WISDOM. ESSENTIAL OILS.

Aromatherapy Associates products are available from Allure Inclusive Health Clinic
346 Cemetery Road Sheffield S11 8FT 0114 266 8500 www.allureclinic.co.uk

Also available at www.cosmetic-junkie.com



OUR PRODUCTS

AROMATHERAPY
ASSOCIATES

OUR PRODUCTS

Discover our popular and award-winning bath, body and skincare. Every product is expertly blended using the purest ingredients to target and treat everyday stress-related symptoms, for results you can really see and feel.

Visit our website and try our online Product Advisor to find the right products for your needs today. For the complete ritual, indulge in a personalised facial and body treatment at one of our spas.

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www.allureclinic.co.uk

SKINCARE INTRODUCTORY SETS

ANTI AGE SKINCARE INTRODUCTORY SET

This is the complete and award-winning collection of Aromatherapy Associates' highly effective natural anti age skincare in small sizes. Presented in a handy cosmetic bag, it's perfect for trialling or taking on your travels.

KIT CONTAINS:

Instant Skin Firming Serum 5ml
Fine Line Face Oil 3ml
Intensive Skin Treatment Oil 3ml
Overnight Repair Mask 5ml
Rich Repair Nourishing Cream 5ml
Rich Repair Eye Cream 3ml
All combined in a metallic cosmetic bag.



ESSENTIAL SKINCARE INTRODUCTORY SET

This handy cosmetic bag contains your skincare essentials to keep your complexion looking and feeling radiant. It's an ideal weekend kit, or the perfect introduction to our highly acclaimed and results-driven skincare.

KIT CONTAINS:

Renewing Rose Cleanser 30ml
Rose Skin Tonic 30ml
Revitalising Face Oil 3ml
Triple Rose Renewing Moisturiser 5ml
Rose Hydrating Face Mask 5ml
All combined in a metallic cosmetic bag.



CLEANSERS AND TONERS

RENEWING ROSE CLEANSER

Natural oils gently remove make-up and impurities whilst essential oils refresh and brighten your skin to leave it glowing. Use daily.

DEEP CLEANSE FACE WASH

Refresh and cleanse your skin daily using antibacterial essential oils. The foaming formulation of this balancing and toning cleanser works deeply to clean your skin.

ROSE EXFOLIATING CLEANSER

Polish your skin while you remove impurities for a smooth, fresh complexion. Jojoba beads gently refine pores and reveal fresh, healthy skin.

ROSE SKIN TONIC

Damask rose water tones and revitalises the skin after cleansing, leaving it bright and feeling refreshed.

REFINING SKIN TONIC

Natural hydrolats of lavender and tea tree cleanse, tone and tighten the skin with antibacterial properties.



FACE SERUMS

ROSE RADIANCE SKIN SERUM

A serum rich in essential fatty acids and potent plant oils to hydrate and energise your skin, enhancing radiance and vitality.

MATTIFYING SKIN SERUM

Condition and balance your skin's natural oils, for a smooth, matt finish. Anti-bacterial properties help a blemished complexion. Perfect for oily or problem skin types.

INSTANT SKIN FIRMING SERUM

Restore instant firmness and radiance with this fast-acting serum. Plump and tone your skin's appearance, whilst protecting from environmental damage.



FACE OILS AND MOISTURISERS

NOURISHING FACE OIL

Nourish dry, dehydrated skin with the vital nutrients in this oil to keep your complexion looking youthful and hydrated, as well as visibly soft and smooth.



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REFINING FACE OIL

Bring your skin's own oils into balance with this daily conditioning oil. A treatment to help regulate an oily or combination skin.



REVITALISING FACE OIL

Restore vitality to dull skin with the rejuvenating and firming properties of frankincense, whilst rose delivers radiance, and borage smooths the skin's appearance.



FINE LINE FACE OIL

A super-rich treatment with innovative anti-ageing extracts that are high in essential fatty acids to help plump your skin, softening the look of fine lines.



INTENSIVE SKIN TREATMENT OIL

Ease extremely dry, uncomfortable skin with this special formulation of vitamin-rich oils. A treatment to re-condition skin after snow, wind or sun exposure.



SUPPORT SUPERSENSITIVE FACIAL OIL

Ease skin discomfort and irritation from dryness with this soothing blend that gently cares and conditions the most sensitive of skins to promote a soft, healthy-looking complexion.

TRIPLE ROSE RENEWING MOISTURISER

A rich blend of rose oils and rose water to deeply nourish and energise the skin. Contains antioxidant, toning and anti-ageing properties.



ORANGE FLOWER MATTIFYING MOISTURISER

Designed for an oily complexion. This light, non-greasy moisturiser leaves your skin smooth, protected and with a matt appearance.



RICH REPAIR NOURISHING CREAM

Inca inchi is a rich source of Omega 3's. Combined with antioxidant-rich Brazilian cupuacu seed butter, this intensive cream works to soften and smooth the look of fine lines.



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EXFOLIATORS AND MASKS

ROSE EXFOLIATING CLEANSER

Polish your skin while you remove impurities for a smooth, fresh complexion. Jojoba beads gently refine pores and reveal fresh, healthy skin.

PURIFYING FACIAL SCRUB

This natural clay-based exfoliating scrub purifies your skin by cleansing and removing excess oil.

DEEP CLEANSE FACE MASK

A deep cleansing mud and clay mask with antibacterial essential oils. Draws out oiliness from pores and leaves skin toned and fresh.

ROSE HYDRATING FACE MASK

Restore vital moisture and boost radiance to dry skin with this transparent, hydrating mask. Perfect for long haul travel.

OVERNIGHT REPAIR MASK

Visibly smooth, firm and plump your skin's appearance with this quickly absorbing mask, and let the active botanicals work while you sleep.



EYES AND LIPS

MOISTURISING LIP BALM

Treat your lips with this highly nourishing balm to keep them soft, plumped and protected from the elements.

FIRMING EYE SERUM

Give your face an instant lift with brighter, healthier-looking eyes, using antioxidant cranberry and butcher's broom to help reduce the look of puffiness and dark circles.

RICH REPAIR EYE CREAM

Maintain a plump, radiant quality to the area around your eyes. Baobab works together with arctic strawberry to promote skin suppleness and reduce the look of fine lines.



SKINCARE PRODUCT ADVISOR

Use our online Product Advisor or this chart to find the right products for your skin type.

	Sensitive	Oily/ Combination	Normal/ Dry	Mature
Renewing Rose Cleanser	●		●	●
Deep Cleanse Face Wash		●		
Rose Exfoliating Cleanser			●	●
Purifying Facial Scrub		●	●	●
Rose Skin Tonic	●		●	●
Refining Skin Tonic		●		
Rose Radiance Skin Serum	●		●	●
Mattifying Skin Serum		●	●	
Instant Skin Firming Serum		●	●	●
Triple Rose Renewing Moisturiser	●	●	●	●
Orange Flower Mattifying Moisturiser	●	●	●	
Rich Repair Nourishing Cream	●		●	●
Support Supersensitive Facial Oil	●	●	●	●
Nourishing Face Oil	●		●	●
Revitalising Face Oil		●	●	●
Refining Face Oil	●	●		
Fine Line Face Oil				●
Intensive Skin Treatment Oil	●	●	●	●
Rose Hydrating Face Mask		●	●	●
Deep Cleanse Face Mask		●	●	●
Overnight Repair Mask		●	●	●
Firming Eye Serum	●	●	●	●
Rich Repair Eye Cream	●	●	●	●

WE BELIEVE IN RITUALS AND RESULTS

For maximum results we recommend that you layer your face and body products onto clean skin in three easy steps, for optimum skin health and vitality.

1. First use a **face serum/body gel** to provide instant hydration and vital moisture.
2. Then layer a **face/body oil** to deliver essential nourishment to your skin's deepest layers.
3. Finally, use a **moisturiser/body butter or cream** after a serum/gel or oil to seal in moisture, refine skin texture and protect from the elements.

BATH AND SHOWER OILS

DEEP RELAX BATH AND SHOWER OIL

A hero and multi award-winning oil, famous for giving a deep sense of peace and tranquillity. Comforting, grounding and strengthening, this is a must-have oil when you're feeling overtired and exhausted, or longing for a restful night's sleep.

LIGHT RELAX BATH AND SHOWER OIL

Like curling up in your favourite armchair, this is perfect for those who need to take time for some gentle relaxation. Unwind with this delicate preparation to help ease tension and uplift your senses. It can help to restore you mentally and physically.

DE-STRESS MIND BATH AND SHOWER OIL

Perfect when feeling under pressure or your mind is racing. Use in the shower first thing, or enjoy in a warm bath to clear your mind at the end of a busy day.

DE-STRESS MUSCLE BATH AND SHOWER OIL

A popular and heroic oil. Back ache? Neck ache? Shoulder ache? Muscle pain? This warming treat contains therapeutic levels of essential oils to help bring comfort and relief to stiff muscles and joints.

REVIVE MORNING BATH AND SHOWER OIL

An invigorating and powerful blend of stimulating essential oils. Our multi award-winning oil is ideal after a little over-indulging, a long flight or when generally feeling sluggish.

REVIVE EVENING BATH AND SHOWER OIL

Help restore a tired mind and body. Perfect for lifting the senses, these uplifting and re-energising oils help get your spirits sparkling before you step out.

SUPPORT LAVENDER & PEPPERMINT

A gentle bath and shower oil blend that lends its caring properties when you are feeling hot and bothered in a sticky climate, or have skin suffering with too much sun. Perfect to use when suffering from a headache, sunburn or sensitive stomach.

SUPPORT BREATHE BATH AND SHOWER OIL

A refreshing blend of antimicrobial oils for a cleansing and invigorating bath or shower. This is an effective combination, helpful to those suffering with seasonal allergies or recuperating from a cold or flu.

SUPPORT EQUILIBRIUM BATH AND SHOWER OIL

A beautiful, floral blend to help restore a little balance and infuse positive thinking. Encouraging and uplifting, it's highly effective during times of stress and emotional upheaval, or simply enjoy as part of a pampering bathtime soak.



BODY WASHES

RELAX BODY WASH

A beautifully fragranced and gentle cleansing gel, full of natural seaweed extracts and soothing essential oils. Enjoy as part of an every day shower ritual or use together with either bath oil from the Relax range.

Our body washes are free from SLS and SLES.

DE-STRESS BODY WASH

Create a sense of wellbeing of body and mind with this fragrant wash containing natural seaweed extracts and therapeutic levels of pure essential oils.

REVIVE BODY WASH

Awaken your senses with vitalising essential oils and marine extracts to cleanse body and mind, and leave skin feeling soft and conditioned.

RENEW BODY WASH

Softening and moisturising aloe vera is combined with pure rose oil. This pampering wash gently cleanses whilst uplifting mind and spirit, and leaving skin glowing and smooth to touch.



BODY SCRUBS, BUTTER AND CREAM

NATURAL EXFOLIATING GRAINS

Personalise your scrub by mixing our popular finely ground olive grains with your favourite body wash to get the best results from your body care ritual.

ENRICH BODY SCRUB

A rich and intense exfoliating scrub full of the finest natural ingredients. Invigorate and revive dull looking skin, leaving it looking and feeling smooth and polished. Use as required when showering to condition your skin.

ENRICH BODY BUTTER

A deeply moisturising body butter, full of natural oils, and exotically scented. Use after Enrich Body Serum or with Enrich Massage & Body Oil to help smooth skin texture and leave skin simply irresistible to touch. Leaves a healthy sheen.

RENEW ROSE BODY CREAM

Rich natural plant oils and damask rose water are blended with essential oils to produce this luxurious cream. Use after the rose oil or gel for extra moisturising action.



BODY GELS AND SERUMS

DE-STRESS MUSCLE GEL

A must-have item for skiing or your winter sports holiday. This is a travel essential. Also ideal after exercise or gardening. Sat at a computer all day? Keep this handy by your desk.



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REVIVE BODY GEL

This contouring gel is particularly effective at improving skin tone and texture, and maintains a healthy circulation. Beneficial for legs and feet during flights and long periods of travel.



RENEW ROSE HYDRATING BODY GEL

A fresh, light gel to hydrate dry skin and leave it glowing. Use morning and night to minimise dryness and keep skin soft. Follow with rose body oil or cream to achieve perfectly balanced skin.



ENRICH BODY SERUM

A beautiful and exotically scented serum to offer intense hydration to thirsty skin. This non-greasy blend can help to counteract dry skin, leaving it soothed and refreshed.



MASSAGE AND BODY OILS

SUPPORT SUPRENSITIVE MASSAGE & BODY OIL

Ease skin discomfort and irritation from dryness with this soothing blend. Particularly effective for sensitive skins, and gentle enough for children over three months. With 100% organic ingredients.



RENEW ROSE MASSAGE & BODY OIL

Nourish and regenerate your skin with uplifting rose and natural oils. Easily absorbed, the essential oils tone whilst evening primrose, rich in fatty acids, conditions and smoothes the skin. Particularly effective for dry or dehydrated skin or after sun exposure.



ENRICH MASSAGE & BODY OIL

A treatment in a bottle. Our award-winning natural dry-skin oil nourishes and softens parched skin to leave it deeply nourished and conditioned. See and feel the difference with seriously soft, smooth skin.



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HAIR CARE AND WASHROOM

SHAMPOO

A gentle, effective shampoo that optimises healthy, strong hair, adding particular nourishment and body to dull and lifeless hair.

CONDITIONER

A lightweight conditioner to add lustre and shine, and leave your hair soft, smooth, and wonderfully scented.

ENRICH HAIR OIL

Add gloss and shine to dry, sun-stressed or out of condition hair to leave it looking and feeling smooth, sleek and revitalised. Perfect for swimmers and after too much sun.

WASH

Clean and care for your skin with this gentle and refreshing everyday wash for hands and body. Lavender, petitgrain and ho wood leave skin feeling soft and supple.

LOTION

Keep body and hands moisturised and protected with this balancing lotion. This light and non-greasy blend combines ylang ylang, lavender and ho wood for a soothed and refreshed feeling.



ROOM FRAGRANCES AND ESSENCES

HOME FRAGRANCER (ELECTRIC)

Infuse a room for hours with gorgeous aromatherapy oils. Wonderful effective, this lasting, glazed ceramic burner is perfect for diffusing any room fragrance or essence (featured below and right).

RELAX ROOM FRAGRANCE

This natural oil blend provides a warm rich aroma. Grounding yet uplifting, it helps to create a warm and relaxed atmosphere anywhere, any time.

REVIVE ROOM FRAGRANCE

An enlivening aroma with citrus oils and frankincense to create a convivial mood.

SUPPORT BREATHE ESSENCE

A travel essential. Inhale this anti-bacterial blend to help keep a clear nose and head. Ideal for travel, particularly in-flight.

SUPPORT LAVENDER ESSENTIAL OIL

Pure lavender essential oil, nothing added. Keep handy for immediate attention to blemishes, insect bites, cuts, burns and even headaches.

DE-STRESS FRANKINCENSE ESSENTIAL OIL

Pure frankincense essential oil, nothing added. Sprinkle a few drops onto a tissue and inhale, or add a few drops to our Home Fragrancer to create a haven of calm and a point of stillness in an otherwise busy day.



GIFTS, HOME AND TRAVEL

MINIATURE BATH AND SHOWER OIL COLLECTION

The complete collection of Aromatherapy Associates' highly therapeutic and award-winning bath and shower oils. Relax helps you to slow down or induce a good night's sleep; De-Stress can help to clear your mind and ease physical stresses and strains; Revive energises a weary mind and body; whilst Support takes care of you in times of need.

ESSENTIAL BATH AND SHOWER OILS

Immerse yourself in a warm bath or shower and enjoy the exquisite aromatic qualities and positive influence of essential oils. Comforting, grounding Relax is perfect when you need a good night's sleep, fortifying De-Stress helps to focus your thoughts, and invigorating Revive energises your body, mind and soul.

ESSENTIAL TRAVEL OILS

We have chosen the four bath oil blends we cannot live without when we're on the move, whether it's holidays or work. Start the day with an invigorating boost, lift your spirits for a night out, help your immune system when it's low, or dissolve stress and tension as you wind down to sleep.

LITTLE LUXURIES

This enchanting little trio is a gorgeous gift for all your friends and family. Three popular and stunning bath and shower oils, Light Relax, De-Stress Mind and Revive Morning, come together to bring calm vitality and a deep sense of wellbeing.

PERFECT PARTNERS

Our two most popular and heroic bath oils are combined in this delightful duo. Multi award-winning Deep Relax and Revive Morning offer serious relaxation and a burst of energy when you need it most. The ideal gift for any event or special occasion.

RELAX CANDLE WITH MYRRH AND WEST INDIAN BAY

Create the most relaxing space with West Indian bay and emotionally grounding myrrh. Perfect for peaceful nights in or as part of a calming bathtime ritual. We use a natural wax, providing the ideal candle base to allow the fragrance of these pure essential oils to reach their full potential.

INDULGENCE CANDLE WITH JASMINE AND GERANIUM

Light this beautifully scented natural plant wax candle to release precious floral notes of jasmine and geranium. Jasmine is prized for its exotic, sensual scent and ability to enhance intuition, while geranium works to balance the emotions.

COMFORT CANDLE WITH DAMASK ROSE AND GINGER

Feel at ease and enjoy a soothing treat. Rose is renowned for its euphoric, feel-good properties, whilst uplifting ginger warms the senses. Perfect for moments that are simply about you.

Each candle burns for approximately 30 hours.





PURE, NATURAL & EFFECTIVE

We love the inexhaustible variety of plants and flowers and the healing properties of their natural oils and extracts. There's an art and a science to working with them. Taking the purest natural ingredients, we create blends that enhance the oil's inherent properties, turning them into rich, beautifully scented products that deliver fantastic results.

Every ingredient in every product has a positive role to play. We use bases such as regenerative damask rose water instead of plain water. We also use vitamin and omega-rich plant oils such as jojoba, evening primrose and arctic strawberry seed oil, and shea and murumuru butters. These have a natural affinity with essential oils, helping them to work to their best potential.

SUSTAINABLE SOURCING

The integrity of our ingredients is vital to us, and we actively source every essential oil and plant extract that go into our products.

Our raw materials are native to some of the most wild and remote places in the world. We work with the farmers who produce them to ensure our ingredients are grown to the highest degrees of purity, quality and ethical standards. We support fair trade, organic and traditional agriculture and believe plants grown without chemicals have more benefits and fewer side effects for the skin and body.

We continue to nurture our passion for essential oils, looking for new sources and new ingredients to use in our products. As with everything we do, we always use our experience to make sure the ingredients we select will bring real benefits to people's wellbeing.

KIND TO NATURE

Nature is the foundation of Aromatherapy Associates. We respect its integrity and, throughout all aspects of our work, we do whatever we can to protect and sustain the health of the planet. Taking care over our ingredients and packaging means we can reassure you that every one of our products is kind to skin and to the environment.

IN OUR BATH, BODY AND SKINCARE, WE DO NOT USE:

- Mineral or sulphonated oils which can block the performance of the essential oils
- GM ingredients
- Sodium Lauryl Sulphate (SLS)
- Petrolatum
- Propylene Glycol
- Synthetic colours or fragrance
- Parabens
- Ingredients that have been tested on animals – and we don't test our finished products on animals
- Animal derivatives, except for silk and beeswax, which are animal by-products.

